



This past weekend I experienced so much delight at the Peace Village Festival in Ashland. Many thanks to Larry Morningstar, and to his fabulous tribe of helpers! I bow to the incredible Beauty of the community here.

On Saturday, while giving Reiki energy healings in the Casbah tent, I felt so connected with the Oneness of all Life. Then I stepped out into the sunshine and felt the sun's warmth radiating over the sacred land of the [Jackson Wellsprings](#). Maybe someday I will live on that land, since I feel so at home there. For now, I feel super blessed that I get to offer the weekly [Radiance Rising Circles](#) in the Wellsprings community room. Much gratitude to Gerry Lehrberger for supporting these Monday evening circles.

Down in the meadow behind the pools, many colorful booths created a little village, where I found a pair of beautiful blue and silver pants sewn in India and an anklet made in Bali that sounds like rain sticks when I walk. My boys enjoyed looking at the rocks and gemstones, and trying out the hula-hoops. Later we placed a blanket in the grass and ate yummy vegan food while listening to the wonderful live music.

On Sunday afternoon I gave more Reiki energy healings, and even as the Universe took note of how much I love giving Reiki, I silently sent out the intention to be blessed with opportunities for giving more and more and more Reiki healings. I then headed down to the village, feeling open to all of Life. Standing barefoot in the grass, absorbing the sun's rays deep into my being, swaying to reggae music, and eating a sweet organic apple, I shared smiles with the bright beings around me.

Later, as the stars came out, I enjoyed dancing with many beloved friends to the awesome songs of the [Alice DiMichele](#) Band. Alice dubbed us the "Peace Village Choir," as we sang along with her inspiring lyrics: "Whoh, oh, I'm made out of water. Water is the only thing that can

quench my thirst. I'm always trying to get back to the water, from that very first breath on my day of birth."

When we practice cultivating the witness, it is very important to pay great attention to the things that expand us in life. Lately I have been practicing this by posting appreciation vignettes on [Facebook](#), which I end with the phrase, "i love my life." At the 2010 Peace Village Festival in Ashland, I witnessed myself in a state of Bliss, absolutely lovin' my life.

May you also notice the things that expand you into states of Bliss.

May all beings everywhere know Peace and Happiness.

Om Shanti (Peace),

Yogini Tejaswini

<http://www.facebook.com/tejashankara>